## — KEY TRANSACTIONS —

Signed with the Ravens as an undrafted rookie free agent on 5/4/23

## — COLLEGE —

- Two-time first-team All-American Athletic Conference (2021-22)
- Honorable mention All-American by PFF (2022)
- First-team All-AAC by *PFF* and *Phil Steele* (2022)
- Declared for the NFL following his junior year at East Carolina
- ECU's career leader in rushing yards per game (91.7) and rushing yards per carry (6.54)
- Set ECU's program record for consecutive 100-yard rushing games (seven 2022), in total tallying a single-season program record nine games going over the century mark in rushing yards
- Ranks third all time in program history in rushing yards (3,027) and 100-yard rushing contests (15)
- Did not have a fumble in 462 career carries at ECU
- As a junior in 2022, started all 12 games, rushing for 1,452 yards and 14 rushing TDs, adding 1 receiving TD...Tied (vs. Tulane) for
  a career-high 222 rushing yards at Temple...Also had 100-yard rushing games vs. Old Dominion (160), vs. Campbell (185), vs.
  Memphis (149), vs. UCF (105), at BYU (176), at Cincinnati (112), vs. Houston (128) and vs. Coastal Carolina (127) in the
  TicketSmarter Birmingham Bowl
- As a sophomore in 2021, started all 12 games and led the league in total rushing yards (1,132) and all-purpose yards per game (115.83)...Tallied four 100-yard rushing games, including tying for (at Temple) a career-high 222 yards vs. Tulane...Also registered 22 receptions for 253 yards and 1 TD...Ranked ninth in the nation in rushing yards per attempt (6.5)...Scored a TD on an 88-yard rush at Marshall, the longest rush of his career and fourth-longest rush in program history
- As a freshman in 2020, appeared in nine games (two starts), rushing for over 100 yards twice (124 at Cincinnati and at Temple)

## — HIGH SCHOOL/PERSONAL —

- Prepped at Eagles Landing Christian (McDonough, GA) Academy, helping guide the Chargers to four straight Georgia Class A
  Private Championships...Rushed for a combined 4.4 yards (155.3 per game) and 88 TDs as a starter his junior and senior
  seasons...Registered 192 rushing yards and 4 TDs in the 2019 state title game vs. Wesleyan Christian
- Named Class A Region 5 Player-of-the-Year by *The Atlanta Journal-Constitution*
- Father (Anthony) played collegiately at Tuskegee and earned a roster spot with the Baltimore Ravens as an undrafted free agent in 2000...Was a reserve during the Ravens' Super Bowl XXXV championship season...Returned a blocked FG 90 yards for a TD in the 24-10 win at Tennessee in the Divisional Playoff (1/7/2001)



## — MITCHELL'S COMMUNITY IMPACT —

- Visited The Belair-Edison School, participating in a field day event and distributing bags from Weekend Backpacks and books from the Ravens' Bookmobile (2023)
- Participated in the Baltimore Ravens' annual organization-wide volunteer day to build a state-of-the-art playground and provide significant upgrades at Morrell Park Elementary/Middle School and Recreation Center in Baltimore City (2023)...The construction and renovation project marks a \$200,000 community investment fully funded by the Ravens Foundation, Inc., in partnership with KABOOM!, Heart of America, Baltimore City Public Schools and Baltimore City Recreation and Park