— KEY TRANSACTIONS —

Signed with the Rayens as an undrafted rookie free agent on 5/3/24

— COLLEGE —

- Played in 39 games (21 starts) in five-year collegiate career at the University of Alabama
- Appeared in eight games (five starts) in 2023, missing two games due to injury...Took snaps at both center and guard while opening holes for the Tide to record 315 rushing yards and 574 yards of total offense vs. Chattanooga
- Appeared in seven games (five starts) in 2022, serving as the signal-caller of the offensive line at center...Allowed zero sacks throughout the season...Part of an offensive front that opened holes for an average of 5.55 yards per carry
- Named a 2022 William V. Campbell Trophy semifinalist, which is the highest academic honor in college football
- Started 11 games in 2021, missing three games due to injury
- Appeared in eight games during the Tide's undefeated 2020 season
- Played 69 snaps as a true freshman in 2019 and served as the backup center

— HIGH SCHOOL/PERSONAL —

- Prepped at St. Frances Academy (Baltimore, MD)
- Ranked the No. 3 center and the No. 2 player in the state in 2019 by ESPN
- Selected to play in the Under Armour All-America Game



— DALCOURT'S COMMUNITY IMPACT —

- Visited the St. Paul's School for an afternoon of fellowship and fun with Next One Up...Rookies and students were divided into three groups, rotating between kickball, silent charades and "anything but football" conversations (2024)
- Participated in the organization-wide Signature Build Day at Samuel Coleridge-Taylor Elementary School...Throughout the day, close to 200 volunteers made up of current and former Ravens players, staff and executives refurbished the school's gymnasium, classrooms, teachers' lounges and hallways...Additionally, volunteers renovated the playground and outdoor courtyard, planted trees and painted outdoor murals to enhance landscaping and enrich the school community (2024)